**TC-L4 Skills Observation Feedback Sheet (1)**

(Appropriate to Service Level A Work)

Counsellor …………………………………………….…………… Client ……………………………………………………….

Observer (Peer or Tutor) ..……………………………………… Date ………………………………………………………….

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| **Beginnings:** |
| Establish a safe space to work in-person or online/telephone:Establish a therapeutic relationship: |
| Negotiate boundaries and agree ways of working together: |
| Develop interaction with client: |

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| **Middles:** |
| Enable client to identify, prioritise and stay focused on their agenda: |
| Communicate an emotional warmth and safety: |
| Ability to use skills and techniques consistent with stated theoretical approach:Ability to use skills and techniques appropriate to the medium being offered: |

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| **Endings:** |
| Bring interaction to an end safely and appropriately: |